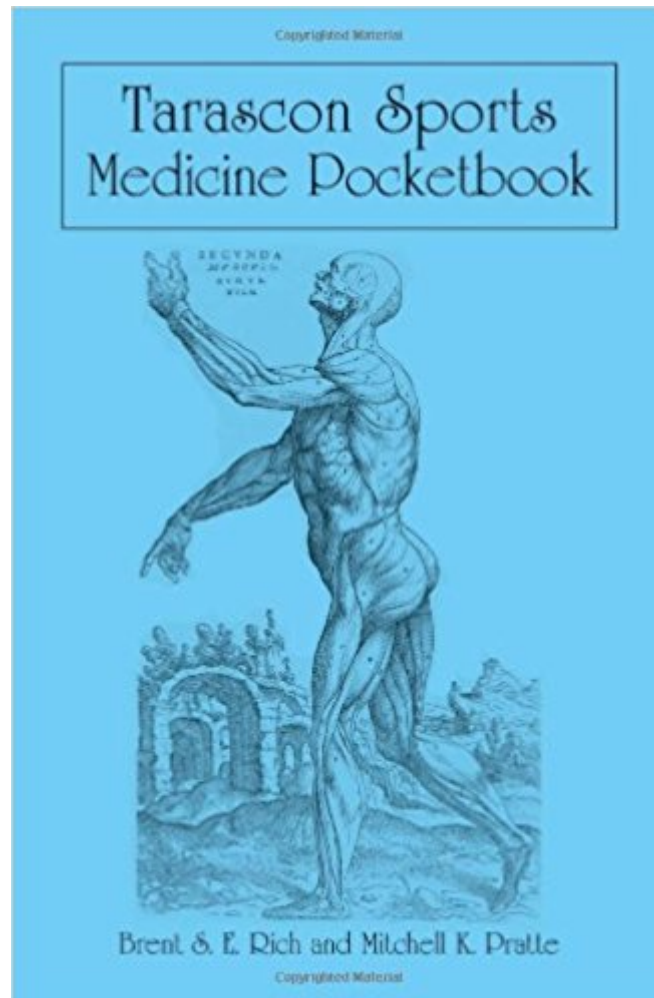




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Tarascon Sports Medicine Pocketbook



Synopsis

The Tarascon Sports Medicine Pocketbook brings non-surgical primary care physicians, athletic trainers, and physical therapists the most up-to-date information on the topic of sports medicine so that they may provide the best medical treatment possible for the active individual. Sports medicine is more than just the management of musculoskeletal injuries; it is primary care medicine for the active individual and not only includes the specialties of family medicine, pediatrics, internal medicine, physical medicine and rehabilitation and emergency medicine, but also cardiology, nutrition, psychology, pharmacology, neurology, and others. Topics include common musculoskeletal injuries, infectious disease, overtraining, pain management, an athletics drug guide, and exercise physiology.

Book Information

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Customer Reviews

Bought this book on a recommendation from a PA colleague who was working in Ortho. Very concise with good info. I was looking for something that would help me remember all the different tests as well as a bit of anatomy to help with my notes. It is a good, inexpensive, portable reference. I looked through her Ortho Tarascon, which was too much into - better if you work in Ortho. This is perfect for me (NP in Urgent Care), and I assume would be good for Family Practice as well. Good section on Concussions.

As a PA student, I know I can never possibly remember every exam and test for every condition.

Having this allows me to refresh my memory without carrying around a textbook. If you are thinking of the kindle version to use on an iPhone 6, consider a few things- the pages don't really fit well so things get a bit off kilter and harder to read, also if an attending sees you reading this, you look smart. If they see you staring at your phone, you look like you are slacking off. I wish Tarascon sold these in sets, I'd probably buy more of them.

Excellent pocket manual. I can't believe how much info packed on to these pages. The font is small but would be great for any medical student or resident on their primary care sports medicine rotation.

It's ok. But unless you are on an oath rotation, not sure it would be something you may need on everyday rounds.

I got it with some other books from the series. It is useful when you need to find some MSK details quickly. Not great for comprehensive review, but helps when on the go. Good thing to keep in the pocket while doing things in the office.

Terrific references

This book is the best if you practice remote medicine. It very easy to find injuries and testing to perfect a diagnosis. I really appreciate the pocketbook size as I move frequently and want to take it with me wherever I go.

if you're a student or still new this is a great resource. tiny enough to keep on you at all times. i keep this and orthopaedica on me at all times. Together they have plenty of info should you need a quick refresher.

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